



Refuse To Be A Victim Seminar

Sponsored by PLORALL

(Parkland Lutheran, Our Redeemer and Lakewood Lutheran)

While many types of crime have decreased in recent years, crimes of theft and violence still cause great pain and loss for too many people in our society. The types of crime have also changed to include cyber-theft, crimes against seniors, and crime on college campuses. The first step that individuals can take to prevent crime is avoidance, and to help people be pro-active in their personal safety the **Refuse To Be A Victim**® seminars were created in 1993 by the Women of the NRA and have been updated since to include such topics as

- The Psychology of Criminal Predators
- Mental Preparedness To Avoid Becoming a Victim
- Physical Security
- Home Security, Automobile Security
- Security for Seniors and Persons with Disabilities

During this 4-hour seminar, you will learn how important it is to **Refuse To Be A Victim** and will learn

- How to minimize the risk of victimization
- How to create a personal safety plan, before it is needed
- An array of personal safety strategies
- This is a crime prevention course, (not a firearms training course.)

Students receive the 65 page Refuse To Be A Victim® student handbook, NRA Refuse To Be A Victim® brochure, NRA Become A Refuse To Be A Victim® Instructor Brochure, Refuse To Be A Victim® Firearms Supplement, and a course completion certificate.

As a community service, these Puget Sound area Lutheran churches are sponsoring the **Refuse To Be A Victim**® crime prevention seminar. This keeps the cost low – only \$10, but registration is required, preferably in advance. Please register at www.lakewoodlutheran.net or call the Lakewood Lutheran office at 253-584-6024. If there is no answer, leave a message with your name, phone number, and number attending; the office assistant will call you back to complete registration.

The seminar presenter is Edward Bryant, an experienced crime prevention instructor. Ed holds several safety instructor certifications, including the NRA Refuse To Be A Victim® instructor certification.

This seminar will be conducted at Parkland Lutheran School, 120 123rd St S, Tacoma, WA 98444.

Saturday, March 5, 8:30 AM – 12:30 PM