

The novel coronavirus (“COVID-19”) has been classified by the World Health Organization as a global pandemic and has spread across the state of Washington. COVID-19 is a new disease and the state of scientific and medical knowledge regarding COVID-19 is limited and evolving. There remain unknowns regarding how the disease is spread and contracted. COVID-19 is reported to be highly contagious and spreads easily from person to person. Older adults and people of any age, including children, who have serious underlying medical conditions might be at higher risk for severe illness or death from COVID-19.

On January 5, Governor Inslee announced the Healthy Washington - Roadmap to Recovery plan, which lays out the process to safely reopen Washington state. The plan includes guidance for certain businesses and industries to help protect Washingtonians and minimize the spread of COVID-19. Included in this plan was a new set of guidelines and metrics for the resumption of education-based athletics and activities in Washington.

The Washington Interscholastic Activities Association (WIAA) has utilized the guidelines set forth by Governor Inslee to lay out a plan for the return of school sports. As long as our region is in phase 1 and 2, this will only include practices (games and tournaments may be allowed at a later phase). The WIAA has given the go-ahead to allow practices to start for season 1 sports (fall season sports). This season will tentatively run from February 1 through March 20.

In addition to the already established PLS covid plan, at this time the following regulations will also be in place:

- When sports are played indoors, pods of no more than 6 will be utilized. Pods will be spaced out adequately in the gym.
- Social distancing, as outlined by the state, will be applied.
- All practices will take place on PLS property so that no transportation is required.

At this time, no sports fees will be collected. Should we move through phases where games and/or tournaments are allowed, a new permission slip will be distributed and will need to be signed by all participating families. Any sports fees will be billed at that time to cover the cost associated with the aforementioned activities (ex. uniforms, refs, field charges, etc).



Volleyball Information:

- Females in grades 5 thru 8 are invited to participate
- Practices will take place from 3:30pm to 4:30pm on Mondays for 5th and 6th grade and Thursdays for 7th and 8th grade.. **Our first practice will be Monday, February 1 (5/6) and Thursday, February 4 (7/8).**
- Players should be picked up at PLS after practice at 4:30pm in the parking lot. Those not picked up by 4:30 pm will be escorted to Extended Care. Parents will be billed accordingly.
- Equipment/Uniform
 - Knee pads
 - Athletic type shorts
 - Water bottle for all practices
- The following permission slip, along with a concussion form, must be turned in to Mrs. Enstad before a student may participate in any games or practices.
- **Students become ineligible for games and practices if they do not meet academic eligibility.**
- All practices are closed and limited to players and coaches only.

Assumption of Risk for COVID-19: I understand that my child's participation in this activity is voluntary and is not required. By signing below, I acknowledge that I have carefully read the above; understand the risks of COVID-19 associated with participating in PLS activities in-person. I voluntarily assume such risks.

Waiver of Liability/Hold Harmless: Parents/guardians assume any and all risks and responsibilities for allowing their child to participate in this activity as outlined in this letter. Parkland Lutheran School is not responsible for any sickness your child (or any family members) may incur while at school.

_____ has my permission to participate in the PLS 2021 Soccer Season.
(Please Print Student's Name)

(Parent/Guardian's Signature and Date)

(Parent/Guardian's Name – Please Print)

****As the circumstances surrounding Covid-19 are ever evolving, the above information is subject to change.****